

We are a community service exchange of neighbors helping neighbors. Everyone's time is equally valued here.



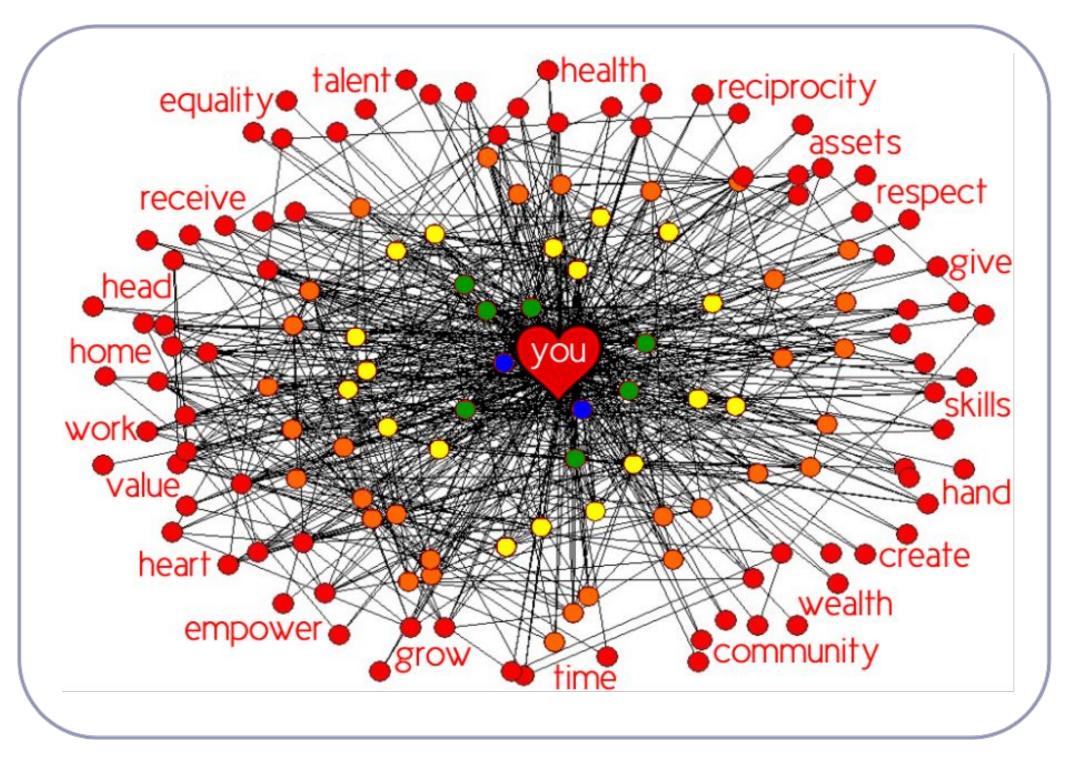
- What would you like to offer?
- What would you like to receive?
- What would most help you?











Our Core Values



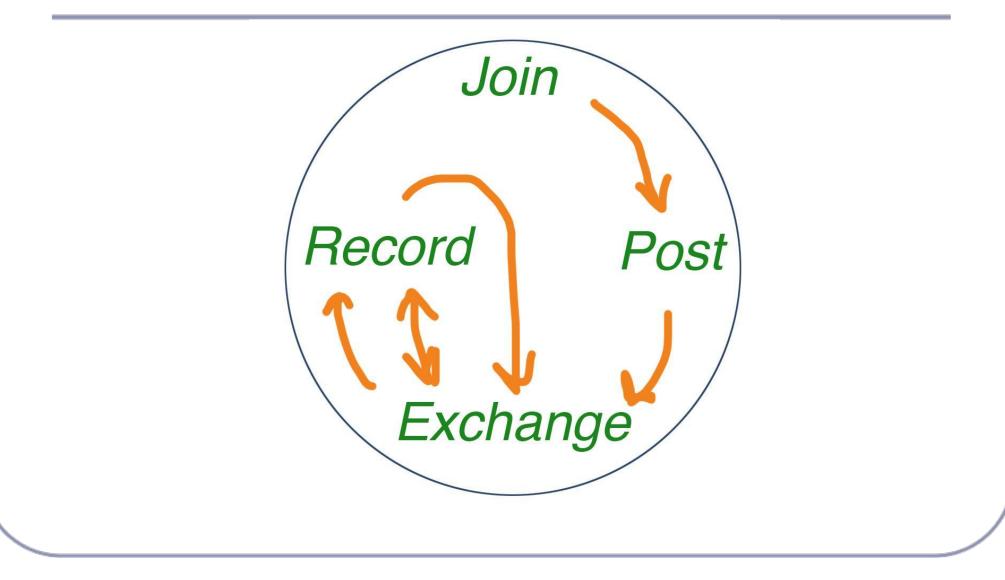
- Building Community
- Creating Equality
- Redefining Work
- Sharing Assets
- Reciprocity
- Mutual Respect

Mutual Respect



- Keep your account current so members know what you are offering.
- Try to respond to requests within 48 hours, unless you have a personal emergency.
- Be on time; communicate if you're running late.
- Give 24 hr. cancellation notice.
- •Treat members how you would like to be treated.





Successful Exchanging





Communicate





hour Exchange Always Be Safe

- Safety Tips
- Liability
- If you're uncomfortable

hour Exchange Need Help?

- Member Handbook and Software Guide.
- Member Leaders and Guides.
- Remember, you can sign up to help other members and keep the exchange going.

hOur Exchange

Give Back

- Hour Exchange relies on annual fundraisers to keep the lights on, consider volunteering your time to events we plan throughout the year to raise funds.
- There are no dues for membership, we are an alternative currency non-profit.
- Join a leadership team, help in the office, recruit your friends or local businesses.



Give Back



hour Events and Opportunities



You're Invited HOUR EXCHANGE PORTLAND ANNUAL MEETING AND POTLUCK

Tuesday, September 10, 6PM-8PM PelotonLabs, 795 Congress St, Portland



hour Annual Exchange Bizarre Bazaar



Farm to Exchange Farm to Pantry Network













